



WASH YOUR HANDS PROCEDURE



Wet Hands



Apply soap



Rub hands
palm to palm



Rub the back of
your hands



Scrub between
your fingers



Rub the back of
fingers on the
opposing palm



Clean thumbs
with circular
moves



Wash fingernails
and fingertips on
opposing palm



Rinse hands



Dry with a
single use towel



Your hands are
clean!