



The happiness of learning

Nursery • Kindergarten • Elementary • Jr. High

HOUSEHOLD HEALTH FILTER

- **Check your temperature every morning before coming to LAF.** Students with 37°C or more should stay at home.
- **Stay at home if you are experiencing any of the following Cold/Flu symptoms:**
 - Fever/Chills/Headache
 - Cough/Sore throat.
 - Runny Nose.
 - Falta de aliento. Shortness of Breath
 - Pérdida del gusto o del olfato. Loss of Taste or Smell
 - Dolor de pecho. Chest Pain
 - Vomiting or Diarrhea for more than 24 hours
- **If you have any of the symptoms of coronavirus stay at home, alert LAF (School Principal / Teacher) and people who have had close contact within the last 48 hours and arrange to have a test as soon as possible.**
- **Wash your Hands often;** use soap or hand sanitizer before leaving your house. Clean your hands frequently by washing them with soap and water for 20 seconds or using hand sanitizer. This is one of the most effective ways of reducing the risk of passing infection to others.
- **Report to LAF any travel made.** You must report any travel made by a family member to decide on an action to be taken.
- If a student has a compromised immune system, is diagnosed with hypertension, obesity, or diabetes, please send an email notifying their condition to the appropriate level:
 - Kindergarten: alicia.delagarza@laf.edu.mx
 - Elementary: diana.rios@laf.edu.mx
 - Jr. High: lcontreras@laf.edu.mx